



DIPLOMA IN PHYSIOTHERAPY & ACTIVITY THERAPY

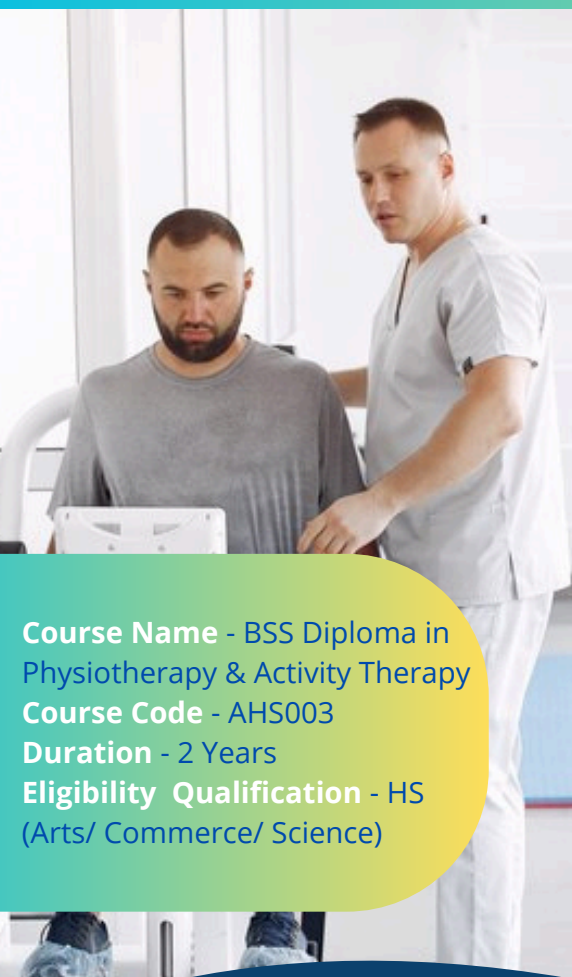
ABOUT THE COURSE

The BSS Diploma in Physiotherapy & Activity Therapy is a comprehensive course offered under the approval of Bharat Sevak Samaj (BSS), Planning Commission, Government of India. This diploma is designed to train students in both physiotherapy techniques and activity therapy, equipping them with the skills to rehabilitate patients and improve their quality of life.


This diploma course is designed to train students in the fundamentals of physiotherapy and activity therapy, focusing on rehabilitation techniques to enhance patient mobility and overall well-being. It offers a blend of theoretical knowledge and practical skills, preparing students for a rewarding career in the healthcare and rehabilitation sector.

SYLLABUS FOR 1ST YEAR

Subject Code	Subject
AHS003-01	COMMUNICATIVE ENGLISH AND COMPUTER FUNDAMENTALS
AHS003-02	ANATOMY,PHYSIOLOGY AND PATHOLOGY,PERSONAL HYGIENE
AHS003-03	BASIC OCCUPATIONAL THERAPY - I, NURSING & FIRSAID, COMMUNITY EDUCATIONAL AIDS
AHS003-04	MANUAL ACTIVITIES & CRAFT,REMEDIAL GYMNASTIC HYDRO THERAPY
AHS003-05	PRACTICAL - I
AHS003-06	PRACTICAL - II
AHS003-07	PRACTICAL - III
AHS003-08	PRACTICAL - IV



Course Name - BSS Diploma in Physiotherapy & Activity Therapy
Course Code - AHS003
Duration - 2 Years
Eligibility Qualification - HS (Arts/ Commerce/ Science)



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SYLLABUS FOR 2ND YEAR

SUBJECT CODE	SUBJECT
AHS003-09	GENERAL MEDICAL & SURGICAL CONDITIONS, MENTAL HANDICAP, SOCIOLOGY
AHS003-10	PHYSIOTHERAPY EXERCISE THERAPY, ELECTRO THERAPY, HYDRO THERAPY
AHS003-11	OCCUPATIONAL THERAPY - II, PREVOCATIONAL ACTIVITY
AHS003-12	PRACTICAL - V
AHS003-13	PRACTICAL - VI
AHS003-14	PRACTICAL - VII

COURSE BENEFITS

- **Dual Expertise in Physiotherapy and Activity Therapy**
 - Combines core physiotherapy techniques with activity therapy to address both physical and emotional rehabilitation needs.
 - Prepares students to treat patients holistically, focusing on mobility, strength, and mental well-being.
- **Wide Range of Career Opportunities**

Graduates are equipped for various roles in:

 - Hospitals, clinics, and nursing homes.
 - Rehabilitation centers for post-surgery or chronic care patients.
 - Sports therapy and fitness centers.
 - Elderly care facilities and community health programs.
 - Self-employment as private practitioners or therapists.
- **Addressing High Demand in Healthcare**
 - Rising awareness of physiotherapy and its role in rehabilitation has led to increased demand for skilled professionals.
 - Career stability and growth potential due to the evolving healthcare landscape.
- **Pathway to Advanced Studies**

Lays a strong foundation for pursuing higher education, such as a Bachelor's or Master's degree in Physiotherapy or related fields.

